

The Truth About Abuse

Abusing prescription drugs is safer than using illicit drugs.

FALSE

TRUE!

When misused or taken without a doctor's prescription, these drugs can be just as harmful as illegal street drugs.

Sharing and misusing prescriptions drugs is legal.

FALSE

TRUE!

Using prescription drugs (controlled substances) without a doctor's prescription is harmful & Illegal!



Powell County Kiwanis K.I.C.K Prescription Drug Disposal Program



Rx: Dispose unused prescription drugs properly!

- 1** Remove any personal info from prescription drug bottles.
- 2** Secure prescription drug bottles before drop off especially for liquid medications.
- 3** Drop off unused prescription drugs in the disposal boxes at Powell Co. Courthouse or City Hall in Clay City

Protect our Water!
Do NOT flush!
Prescription Drugs

Funded by Estill-Powell ASAP and
ARC Mini-Grant For a Healthy Kentucky
(606) 481-2302



K.I.C.K
Kiwanis Inspiring Clean Kids



FACT:
70% of the people 12 and older who abuse prescription drugs get them from friends or family.



MONITOR.



- ✓ Take note of how many pills are in each of your prescription bottles.
- ✓ Keep track of your refills.
- ✓ Encourage others to regularly monitor their medicine cabinets.

SECURE.



- ✓ Take prescription drugs out of the medicine cabinet and hide them in a place only you know about.
- ✓ If possible, keep all medicines, both prescription and over-the-counter, in a secure place.
- ✓ Tell relatives, especially grandparents, and friends, to lock their medications or keep them in a safe place.

DISPOSE.



- ✓ **Remove any personal info from prescription bottles before disposal.**
- ✓ Properly dispose of your unused prescription drugs and other medicines at Powell Co. Courthouse & the City Hall in Clay City.
- ✓ If you are unable to drop off unused prescription drugs at our local police departments, mix the medication with an undesirable substance like coffee grounds or kitty litter, put them mixture in an empty can or bag, and dispose.